Joseph Cannillo BS, MS, DC

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Manorhaven Elementary school Port Washington NY, USA 1966

Sousa Junior High School Port washington NY, USA 1972

Schriber High School Port Washington NY, USA 1978

Long Island University, CW Post Center NY, USA

BS Medical Biology / Biochemistry Cum Lauda Honors 1981

Cornell University, New York Hospital School of Cytopathology NY, USA Cert. Cytopathology 1982

Outstanding Young Men of America Washington D.C. 1983

Long Island University, CW Post Center NY, USA

MS Molecular Genetics / Nutrition Research Thesis : Cloning of Dihyrofolate reductase gene in E.coli / Folate Therapy 1984

White Plains General Hospital NY, USA Head Cytothechnologist / Cytopathology PAP Test Lab 1982

Enzo Laboratories NY, USA

Developing DNA Probe for HPV on PAP Tests Head Researcher 1985

New York Chiropractic College NY, USA

DC Doctor of Chiropractics Magna Cum Lauda Honors 1988

International Academy of Classical Homeopathy (George Vithoulkas)

Post Graduate Course NY, USA 1988

Holistic Center Bari Italy

Chiropractic / Functional Medicine Clinic Clinic Director 1989

University of Napoli Italy

Masters course in Botany, Herbology and Gemmotherapy 1989

Post Graduate Course Bologna, Italy

Bioterapia - Oligoelementi - Litoterapia Dr Ermanno Micucci 1990

Forza Vitale Italia srl Bari, Italy Herbal Products Manufacturing Company Founder 1990

Forza Vitale Research Lab / University of Bari Italy

Lab Director 2000 **Research Projects:** Epigenetic Functions of Herbal Polyphenols in Cell Cultures and Drosophila Models Diabetes Neurodegeneration Cancer Novel Antibacterials

Accreditations:

- GCC General Chiropractic Council (UK)
- BCA British Chiropractic Association (UK)
- AIC Italian Chiropractic Association (Italy)
- ACA American Chiropractic Association (USA)
- ECU European Chiropractic Union (Belgium)

Teach and Hold Conferences on Phytotherapy to Medical Doctors and Naturopath in all of Italy, once a month for the last 15 yrs. Participate with Poster sessions and Lectures at International Conferences:

NHP (Kelowna - Canada) Natural Health Products Research Society 2012 Conference

ANMA (Las Vegas – USA) American Naturopathic Medical Association 2012 Conference

NUCE International (Milano - ITALY) Salone Internazionale della Nutraceutica 2012

SIROI (Roma – ITALY)

Congresso Nazionale Oli Essenziale 2013

Research Publications:

Differential Expression of Cloned Yeast Dihydrofolate Reductase Gene in Escherichia coli

Kamalendu Nath, Joseph Cannillo, Edward W. Baptist

Journal Article Annals of the New York Academy of Sciences 435(1 First Colloqu) 187-189 (1984)

Effects of Morus alba extract on Sucrose-Induced Insulin Resistance in Drosophila

Cannillo Joseph, Salerno Antonio Forza Vitale Italia, Research Laboratory, Corato (Ba) Italy !

Abstract

Background

Drosophila has been used extensively in studies on metabolic disorders. Flies have many of the same basic metabolic functions as mammals, including the ability to maintain glucose homeostasis. Diabetes mellitus is a chronic metabolic disorder characterized by high blood glucose levels. Type 2 diabetes, defined as noninsulin-dependent diabetes mellitus (NIDDM), is the most common form of diabetes and affects 90 –

95% of all adults living with diabetes. Type 2 diabetes is a disease caused by reduced insulin production or impaired insulin response in target organs.

Mulberry root bark or leaf extracts were shown to possess hypoglycemic effects in animal models of type 2 diabetes mellitus. Mulberry leaves have potent α GI activity because they contain 1- deoxynojirimycin (DNJ), a glucose analog that inhibits α -glucosidase in the small intestine.

Results

After growing *Drosophila* L1 larvae for 6 days in either standard fly medium or standard medium supplemented with 10% sucrose, we observed a 20% increase in larval glucose levels in the 10% sucrose group when compared to the standard medium group. To test the effect of *M. alba* leaf extract on *Drosophila* larval hemolymph glucose content, a third group of larvae was fed standard medium containing 10% sucrose and 1% *M. alba* leaf extract. As we expected, consumption of *M. alba* leaf extract induced a 40% reduction in the glucose levels of the *M. alba* group when compared to the 10% sucrose group.

Conclusion

Our studies have gathered favorable evidence for the efficacy of *M. alba* extract in lowering post prandial glucose levels. Therefore, *M. alba* extract appears to be a promising therapeutic for the prevention of diabetes or to delay disease progression, especially in pre-diabetic or mildly diabetic individuals.

Enhancing antibacterial action of Origanum vulgare essential oil through a cationic nanoemulsion.

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Current methods of sanitation of food facilities have some well-known drawbacks, such as toxicity of cleaning agents residues, or promotion of resistance to these agents in enteric

pathogens. Therefore, there is a strong requirement to develop alternative sanitation and disinfection methods. A particularly challenging problem in many environments, including food processing areas, is the presence of biofilms. These accumulations of inorganic and organic materials and bacteria can develop on most types of surfaces. Both pathogenic

and non-pathogenic microorganisms can be incorporated into biofilms during their progressive formation. Although biofilms can become strongly attached to surfaces, parts of the biofilm can occasionally slough off to contaminate other surfaces as well as food products, when in a food processing environment. Biofilms that contain Listeria , Pseudomonas , Campylobacter , Escherichia coli or Salmonella all have been observed in food processing environments. Biofilms are highly prevalent and difficult to remove and bacteria in them have enhanced resistance to antimicrobial agents and sanitizers.

During recent years, plant essential oils have come more into the focus of phytomedicine. Especially, the antimicrobial and antioxidant activities of essential oils. The essential oil from the common herb Origanum vulgare may be an effective treatment against dangerous, and sometimes drug-resistant bacteria. Our research was centered on creating nanoemulsions that were able to enhance the antimicrobial activity of Origanum vulgare essential oil against pathogenic bacteria.

Nanoemulsions are a vehicle for the delivery of an antimicrobial agent. The physical structure of the nanoemulsion contains surfactants and solvents that have antimicrobial activity. The surfactant activity specifically disrupts pathogenic microorganisms through fusion with the membrane of the microbe, leading to the rapid lysis of the targeted organism. This mechanism of action has been

documented in preliminary studies examining the in vitro virucidal, bactericidal and sporicidal effects of these compounds. All Compounds used are classified as GRAS (Generally Recognized As Safe) by the FDA and are all compounds used in the food industry.

Methods: Cationic Nanoemulsions were prepared by making stock solutions of 100 mg/ml of Origanum vulgare essential oil. Samples of this solution was utilized as samples for serial dilutions. A macro-broth-dilution technique was used to determine the susceptibility of the bacteria to the essential oil of Origanum vulgare. The MBC was determined by subculturing a 0.01-mL volume of the medium drawn from the culture tubes after 48 h on Mueller Hinton Agar and incubated further for bacterial growth.

Conclusion: Our Research has confirmed that our Cationic Nanoemulsion of Origanum vulgare has a MBC of 7 ppm and a surface biofilm bactericidal activity time of 10 minutes.

MBC : Minimum Bactericidal Concentration PPM : Parts Per Million GRAS : Generally Recognized As Safe

MBC for Ampicillin MBC for Phenol MBC for Monolaurin MBC for Sodium hypochlorite MBC for Quaternary ammonium compounds **MBC for Cationic Origanum Nanoemulsion** 40 ppm *Toxic 1000 ppm *Toxic 700 ppm **NON TOXIC GRAS** 50 ppm *Toxic 100 ppm *Toxic **7 ppm NON TOXIC GRAS**